



Karate Kids



NEW

I.S.T. Baseball Headquarters
25 Van Zant St. - Norwalk

Sign up now!!

Karate Kids I (3-5-year-olds) (maximum of 15 kids)

Class focuses on teaching social skills through basic martial arts techniques. During a 45-minute class, children gain motor-skill development and a sense of confidence within our positive class format. *Class is for both boys and girls.*

November 9 – December 21: *No class Friday Nov. 23

Friday 1-1:45pm (\$150) *Please add \$20 to price if you do not have a Gi, a traditional karate uniform

Karate Kids II (6-10-year-olds) (maximum of 15 kids)

Students learn leadership skills and martial arts technique as tools for physical and mental discipline. A class that teaches patience, focus, kindness, honesty, respect, and physical fitness. *Class is for both boys and girls.*

November 6 – December 18:

Tuesday 4 - 5:00pm (\$192.50) *Please add \$20 to price if you do not have a Gi, a traditional karate uniform

CALL or EMAIL TO RESERVE YOUR SPOT: 203-745-3241

Send check to address below

Last _____ First _____ Age _____ Child's Size _____ (if a Gi is needed)

Home Phone _____ Email _____

Parents'/Guardian names and address _____

Program: KARATE KIDS (circle day attending)

Karate Kids I - Friday

Karate Kids II - Tuesday

Mail Check payable and send to: **Growing Tree Yoga, 25 Van Zant St. Unit 3B Norwalk, CT. 06855**

Email: s7holland@yahoo.com with questions or for more information.

Keep the dates for your records.