

# I.S.T. BASEBALL HEADQUARTERS

2009 Late-Fall **softball** clinic registration

Hitting, fielding, throwing, baserunning program

**OPEN TO ALL: Kindergarten, 1<sup>st</sup>/2<sup>nd</sup>, 3<sup>rd</sup> grade, 4<sup>th</sup>/5<sup>th</sup> grade baseball programs**

**(Programs held at I.S.T. Baseball Headquarters)**

Players will be brought through a series of drills that will continue to improve their hitting, fielding, base-running, and throwing technique.

---

## WEEKDAY PROGRAMS

Kindergarten.K2	Tuesday Nov 10 <sup>th</sup> , 17 <sup>th</sup> , Dec 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup>	6:00PM to 7:00PM
1 <sup>st</sup> /2 <sup>nd</sup> grade I.S.T.3	Wednesday: Nov 11 <sup>th</sup> , 18 <sup>th</sup> Dec 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup>	4:00PM to 5:00PM
3 <sup>rd</sup> grade I.S.T. 5	Monday: Nov 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> , Dec 7 <sup>th</sup> , 14 <sup>th</sup>	6:45PM to 7:45PM
4th/5 <sup>th</sup> grade I.S.T. 7	Thursday: Nov 12 <sup>th</sup> , 19 <sup>th</sup> , Dec 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup>	4:30PM to 5:30PM
4th/5 <sup>th</sup> grade I.S.T. 8	Thursday: Nov 12 <sup>th</sup> , 19 <sup>th</sup> , Dec 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup>	5:45PM to 6:45PM

---

## WEEKEND PROGRAMS

Kindergarten I.S.T. 9	Saturday Nov 14 <sup>th</sup> , 21 <sup>st</sup> , Dec 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>	12:30PM to 1:30PM
1 <sup>st</sup> /2 <sup>nd</sup> grade I.S.T. 10	Saturday Nov 14 <sup>th</sup> , 21 <sup>st</sup> , Dec 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>	1:30PM to 2:30PM
3 <sup>rd</sup> grade I.S.T. 11	Saturday Nov 14 <sup>th</sup> , 21 <sup>st</sup> , Dec 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>	2:30PM to 3:30PM
4 <sup>th</sup> /5 <sup>th</sup> grade I.S.T. 12	Saturday Nov 14 <sup>th</sup> , 21 <sup>st</sup> , Dec 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup>	3:30PM to 4:30PM

---

Kindergarten I.S.T. 13	Sunday Nov 15 <sup>th</sup> , 22 <sup>nd</sup> , Dec 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>	9:00AM to 10:00AM
1 <sup>st</sup> /2 <sup>nd</sup> grade I.S.T. 14	Sunday Nov 15 <sup>th</sup> , 22 <sup>nd</sup> , Dec 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>	10:00AM to 11:00AM
3 <sup>rd</sup> grade I.S.T. 15	Sunday Nov 15 <sup>th</sup> , 22 <sup>nd</sup> , Dec 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>	12:30PM to 1:30PM
4 <sup>th</sup> /5 <sup>th</sup> grade I.S.T. 16	Sunday Nov 15 <sup>th</sup> , 22 <sup>nd</sup> , Dec 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup>	1:30PM to 2:30PM

---

**Make your selections: Keep top portion with dates: Please check 1<sup>st</sup> and write 2<sup>nd</sup> choice**

I.S.T. Baseball Headquarters: Program Cost: \$137.50

Kindergarten programs:      ( ) K.K2 ( ) I.S.T. 9 ( ) I.S.T. 13

1<sup>st</sup>/2<sup>nd</sup> grade programs:      ( ) I.S.T.3 ( ) I.S.T.10 ( ) I.S.T.14

3<sup>rd</sup> grade programs:            ( ) I.S.T. 5 ( ) I.S.T. 6 ( ) I.S.T. 11 ( ) I.S.T. 15

4<sup>th</sup> /5<sup>th</sup> grade programs:      ( ) I.S.T. 7 ( ) I.S.T. 8 ( ) I.S.T. 12 ( ) I.S.T. 16

Last \_\_\_\_\_ First \_\_\_\_\_ age \_\_\_\_\_ grade \_\_\_\_\_ program 2<sup>nd</sup> choice \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ email \_\_\_\_\_

Parent/Guardian Name & Address \_\_\_\_\_ Phone \_\_\_\_\_

Check/money order payable to: I.S.T- Mail: I.S.T. Baseball Headquarters, 25 Van Zant St. Unit 3B Norwalk, CT. 06855

Email: [istkatz22@yahoo.com](mailto:istkatz22@yahoo.com) with questions