



I.S.T. BASEBALL HEADQUARTERS

PRESENTS:

2009 Winter baseball clinic registration

Hitting, fielding, throwing, baserunning program

OPEN TO ALL: Kindergarten, 1st/2nd, 3rd-5th, and 6th/7th grade Baseball Players

(I.S.T. Baseball Headquarters)

Players will be brought through a series of drills which will continue improve their hitting, fielding, base-running and pitching technique.

Players will also learn how to react during game situations.

Kindergarten program-Location: I.S.T. Baseball Headquarters

Baseball	WSPTK.K1 – Monday Jan 5 th , 12 th , 19 th , 26 th , Feb 2 nd , 9 th , 23 rd , Mar 2 nd , 9 th , 16 th	4:00PM to 5:00PM
Baseball	WSPTK.K2 – Monday Jan 5 th , 12 th , 19 th , 26 th , Feb 2 nd , 9 th , 23 rd , Mar 2 nd , 9 th , 16 th	5:00PM to 6:00PM

1st/2nd, 3rd-5th and 6th/7th grade baseball programs

1 st /2 nd grade I.S.T.3	Tuesday: Jan 6th, 13th, 20th, 27th, Feb 3rd, 10th, 24th, Mar 3rd, 10th, 17th	5:15PM to 6:15PM
1 st /2 nd grade I.S.T.4	Tuesday: Jan 6th, 13th, 20th, 27th, Feb 3rd, 10th, 24th, Mar 3rd, 10th, 17th	6:30PM to 7:30PM
1 st /2 nd grade I.S.T.6	Wednesday: Jan 7th, 14th, 21st, 28th, Feb 4th, 11th, 25th Mar 4th, 11th, 18th	5:15PM to 6:15PM
1 st /2 nd grade I.S.T.7	Saturday: Jan 10th, 17th, 24th, 31th, February 7th, 14th, 28th Mar 7th, 14th, 21st	9AM to 10:00AM
1 st /2 nd grade I.S.T.8	Saturday: Jan 10th, 17th, 24th, 31th, February 7th, 14th, 28th Mar 7th, 14th, 21st	10:15AM to 11:15AM
3 rd / 5 th grade I.S.T. 9	Wednesday: Jan 7th, 14th, 21st, 28th, Feb 4th, 11th, 25th, Mar 4th, 11th, 18th	6:30PM to 7:30PM
3 rd /5 th grade I.S.T. 11	Thursday: Jan 8th, 15th, 22nd, 29th, Feb 5th, 12th, 26th, Mar 5th, 12th, 19th	5:15PM to 6:15PM
3 rd /5 th grade I.S.T. 12	Thursday: Jan 8th, 15th, 22nd, 29th, Feb 5th, 12th, 26th, Mar 5th, 12th, 19th	6:30PM to 7:30PM
6 th /7 th grade I.S.T.14	Saturday: Jan 10th, 17th, 24th, 31th, February 7th, 14th, 28th Mar 7th, 14th, 21st	11:30AM to 12:30PM
6 th /7 th grade I.S.T.15	Saturday: Jan 10th, 17th, 24th, 31th, February 7th, 14th, 28th Mar 7th, 14th, 21st	12:45PM to 1:45PM

Make your selections: Keep top portion with dates: Please check 1st and write 2nd choice

I.S.T. Baseball Headquarters: Program Cost: \$275

Kindergarten programs: WSPTK.K1 WSPTK.K2

1st/2nd grade programs: I.S.T.3 I.S.T. 4 I.S.T.6 I.S.T.7 I.S.T. 8

3rd to 5th grade programs: I.S.T. 9 I.S.T. 11 I.S.T. 12

6th/7th grade programs: I.S.T. 14 I.S.T. 15

Last _____ First _____ age _____ grade _____ program 2nd choice _____

Street _____ City _____ ST _____ Zip _____

Home Phone _____ email _____

Parent/Guardian Name & Address _____ Phone _____

Check/money order payable to: I.S.T- Mail: I.S.T. Baseball Headquarters, 25 Van Zant St. Unit 3B Norwalk, CT. 06855

Call: Glenn Katz at 203-856-7104 or email: istkatz22@yahoo.com for more information