

I.S.T 2010 FALL AFTER SCHOOL BASEBALL CLINICS FOR WESTPORT LITTLE LEAGUE REGISTRANTS

OPEN TO ALL: Kindergarten, 1st/2nd, 3rd, and 4th/5th grade Baseball Players

(Program held at Long Lots Elementary School)

Clinics will focus on supplementing FALL season games and practices with more focused skills development clinics. Each day players will be brought through a series of drills to improve their hitting, fielding, and pitching technique. Players will also learn baseball running and how to react during game situations.

Kindergarten, 1st/2nd, 3rd, and 4th/5th grade baseball programs

Long Lots Elementary School Baseball clinics

Program code

Kindergarten	LL1 –Tuesday Sept 7 th , 14 th , 21 st , 28 th , Oct 5 th , 12 th , 19 th , 26 th	3:30PM to 4:30PM
1 st /2 nd grade Baseball	LL2 -Wednesday Sept 8 th , 15 th , 22 nd , 29 th , Oct 6 th , 13 th , 20 th , 27 th	3:30PM to 4:30PM
1 st /2 nd grade Baseball	LL3 - Friday Sept 3 rd , 10 th , 17 th , 24 th , Oct 1 st , 8 th , 15 th , 22 nd	3:30PM to 4:30PM
3 rd grade	LL4- Monday Sept 13 th , 20 th , 27 th , Oct 4 th , 18 th , 25 th , Nov 1 st , 8 th	3:30PM to 4:30PM
4 th /5 th grade Baseball	LL5- Thursday Sept 2 nd , 16 th , 23 rd , 30 th , Oct 7 th , 14 th , 21 st , 28 th	3:30PM to 4:30PM

Cost: \$250 Each session has limited space

Important program information:

Weather cancellation number: 203-604-0587

Players will be picked up inside Long Lots at dismissal by I.S.T.'s staff in the Auditorium. Each player will need a written note each week giving them permission to participate in the program. Rain cancellations will be made up by extending future classes. We will be using the field next to the Long Lots playground behind the left side of building. You will receive a confirmation via email.

Make your selections: Keep top portion with dates

Long Lots Elementary Clinics () LL1 Tues \$250 () LL2 Wed \$250 () LL3 Fri \$250
() LL4 Mon \$250 () LL5 Thur \$250

Last _____ First _____ DOB _____ grade _____

Street _____ City _____ ST _____ Zip _____

Home _____ Phone _____

_____ email _____

Allergies _____ Emergency Contact _____

Parent/Guardian Name & Address _____ Phone _____

Check/money order payable to I.S.T.

Mail: I.S.T. Baseball Headquarters, 25 Van Zant St. Unit 3B Norwalk, CT. 06855

Email: istkatz22@yahoo.com for more information